



Confessions of a Plushie Artist – Letter Five

Issue #5 – New Year, New Plushies

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✨ New Year, New Plushies

Happy New Year!

It is hard to believe that 2025 has come to an end.

The past year has been so challenging and yet so rewarding. I officially started *Peace. Love. Plushies.*, in August with the goal of sharing my plush creations, and their adventures, with my friends and family, and to dive deeper into my creativity.

I am a big believer in the idea that “if I am not creating, I am destroying”. I first learned this phrase when reading *Big Magic: Creative Living Beyond Fear* by Elizabeth Gilbert (**highly** recommend this book). Creating is such a pleasure and, for me, has been such a healthy outlet for my anxiety. Bringing my ideas to life, whether in the form of plushies or paintings or drawings, has brought me so much joy over the last year.

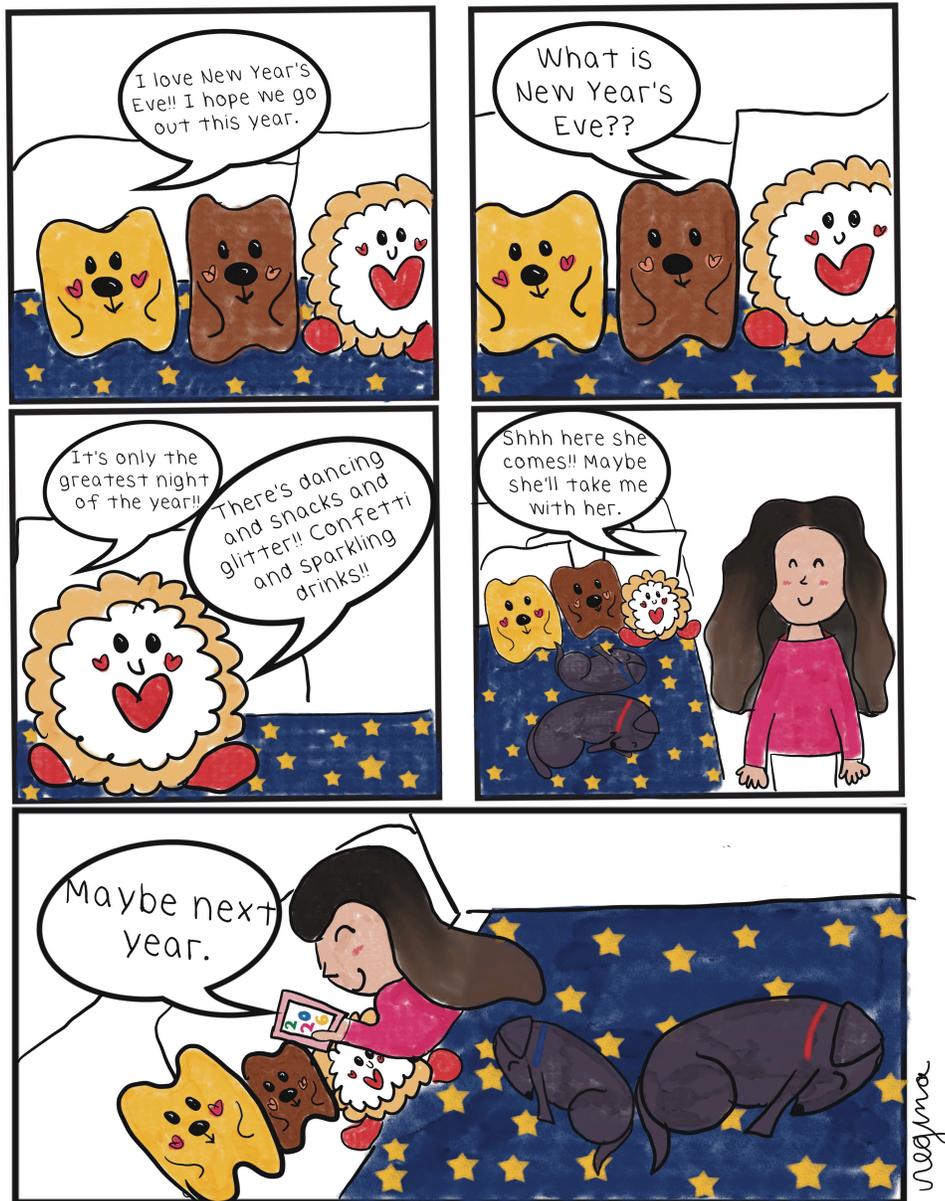
🎨 What's New in the Studio

Not so much new “in the studio,” but new TO the studio is Cowvin, the new member of the *Peace. Love. Plushies.*, family. I adopted Cowvin on December 7 and he is settling in quite nicely.



 **From the Sketchbook**

I have been working on a series of comic strips that I am super proud of and having a blast creating. Comic strips are posted to my Instagram account every Sunday. Follow along at @peaceloveplushies.





Plushie of the Month

Introducing: Kapuni!

I needed a companion for when I watch football and to help bring the Bengals good luck.

The name Kapuni is from the Hawaiian language and means “favorite” or “beloved”. I thought this was the perfect name for my newest bear because the Bengals are my favorite football team AND a certain quarterback is my beloved (for those of you who know me, my love for the Bengals and Joe Burrow runs deep).



Closing Message

This year, we're setting small, attainable goals in the studio. We are resolving to be creative, to create more than we consume, to spend more time outdoors, and to give more than we take. Have a very happy new year!

With peace, love, and a handful of confetti,



The Plushie Crew at *Peace. Love. Plushies.*

regina